# Danielle Ridolfi

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# EDUCATION

Master of Fine Arts in Illustration and Visual Culture Sam Fox School of Design and Visual Arts | Washington University in St. Louis | May 2023

Bachelor of Fine Arts in Graphic Design University of Missouri–St. Louis | Magna Cum Laude | May 2020

**Doctor of Philosophy in Clinical Psychology** Kent State University | Summa Cum Laude | August 2013

Bachelor of Arts in Psychology, Certificate in Italian Studies Saint Louis University | Summa Cum Laude | May 2007

# TEACHING AND SERVICE

Washington University in St. Louis | Sam Fox School of Design and Visual Arts and The College of Arts and Sciences Part-Time Lecturer | 2023–Present

Teach undergraduate courses in communication design, including *Digital Studio*, *Pictures for Communication*, and *The Narrative Art of the Picture Book*, as well as in children's studies, including *Interdisciplinary Introduction to Children's Studies* and *Children's Picture Books: Culture and Content* 

Picture Book Club | Sam Fox School of Design and Visual Arts

Group Founder and Co-Facilitator | 2022-Present

Facilitated student picture book club focused on the study of Caldecott-winning children's books

Washington University in St. Louis | Sam Fox School of Design and Visual Arts Fox Friday Instructor | 2023–2024

Taught Fox Friday workshop on collage methods for screenprinting

Mildred Lane Kemper Art Museum | Washington University in St. Louis Workshop Instructor | 2023

Taught workshop on collage and screenprinting in conjunction with Adam Pendleton exhibition

University of Missouri-St. Louis | Graphic Design Department Invited Lecturer and Workshop Instructor | 2022

Delivered lecture and taught workshop on digital collaging methods for graphic design students

Washington University in St. Louis | Sam Fox School of Design and Visual Arts Assistant in Instruction | 2021–2022

Served as teaching assistant for undergraduate courses in communication design: *Pictures for Communication* and *Visual Principles for the Screen* 

Kent State University | Department of Psychology

Part-Time Lecturer | 2009–2010

Taught undergraduate courses in the psychology department: Writing in Psychology, Psychological Interventions, and Psychology of Adjustment

# WORK EXPERIENCE

**DESIGN AND ILLUSTRATION** 

Picture Book Illustration | Represented by Erin Murphy Literary Agency Illustrator | May 2023-Present

Under contract with major publishers to illustrate children's picture books to be published in 2025

#### Freelance Graphic Design

Graphic Designer | March 2020-Present

Create digital graphics for web; design print assets, including educational posters and cards; design exhibition catalogs for Washington University Libraries and other cultural institutions

## Washington University in St. Louis | Sam Fox School of Design and Visual Arts

Academic Research Assistant | May 2022–Present Copywriter | July 2022–August 2022

Edited academic publishing projects related to illustration and graphic design history; managed image research and licensing for publishing projects; wrote catalog copy for archival projects

#### Washington University in St. Louis | University Libraries

Illustration Symposium Project Coordinator | May 2023-November 2023

Served as project coordinator for the 13th Annual Illustration Research Symposium; managed registration, designed print assets, coordinated vendors, and led day-of coordination team

#### **New Honor Society**

Graphic Designer | January 2021–January 2022

Designed social media graphics and digital event content for education and technology company; developed corporate logos; created illustrations and storyboards for digital campaigns

#### **Cheree Berry Paper and Design**

Seasonal Designer | October–December 2020; November–December 2021; July–August 2023 Graphic Design Intern | September 2019–March 2020

Designed greeting cards, invitations, stationery, and books; created social media assets; retouched product photography; prepared print mechanicals; communicated with print and paper vendors

#### **Enrich Creative**

Graphic Design Intern | April 2019-June 2019

Designed social media assets; designed packaging for health and wellness products; created assets for conferences and trade shows; designed annual reports for health care organizations

## **PSYCHOLOGY AND RESEARCH**

#### Saint Louis Behavioral Medicine Institute | Eating Disorders Program

Clinical Psychologist | August 2015-August 2019

Served as therapist for adolescents and adults; facilitated family-based treatment for children with eating disorders; facilitated group sessions in intensive outpatient eating disorders program

### Washington University School of Medicine | Center for Healthy Weight and Wellness Postdoctoral Research Fellow | August 2013-August 2015

Served as therapist in a family-based behavioral health program; wrote and designed program curricula; co-wrote research papers and grants; monitored study compliance; supervised interns

# AWARDS / GRANTS / FELLOWSHIPS

**The Ezra Jack Keats / Kerlan Memorial Fellowship | University of Minnesota Libraries** Funded fellowship for research at the Kerlan Collection of Children's Literature | Summer 2024

## The Mendel Sato Research Award | Washington University Libraries

Graduate student award for a special collections research project | June 2023

# The Walt Reed Award for Excellence in Writing on Visual Culture | Sam Fox School of Design and Visual Arts

Award for writing achievement in an MFA program | May 2023

Sam Fox Ambassadors Fellowship | Sam Fox School of Design and Visual Arts Full-tuition fellowship for the Illustration and Visual Culture MFA | August 2021–May 2023

**The Carl Neureuther Book Collection Essay Award | Washington University Libraries** First place in the graduate student category | April 2023

#### Newman Exploration Travel Award | Washington University Libraries

Travel grant that funded travel to Italy to study the work of Bruno Munari | June 2022

## AIGA STL Design Show 25 Student Award

Best student graphic design submission for *Pattern and Prose* | November 2020

## Graduate Student Research Awards | Kent State University

Fellowship for best post-masters research in applied psychology | May 2011 Award for best student research prepared for publication | May 2010

# CURATED EXHIBITIONS

Flat Out Rebellion: The Rule-Breaking Career of Designer-Illustrator Seymour Chwast

St. Louis, Missouri | December 2022-February 2023

Curated and designed an exhibition from the collection of the Dowd Illustration Research Archive which was exhibited in the John M. Olin Library at Washington University in St. Louis

# **DESIGN / ILLUSTRATION EXHIBITIONS**

*MFA IVC Thesis Show* St. Louis, Missouri | May 2023

AIGA STL Design Show 26 St. Louis, Missouri | April 2023

*Local Lands Poster Expo* St. Louis, Missouri | April 2022

*Apart: Posters from a Social Distance* St. Louis, Missouri | May 2020

AIGA STL Design Show 24 St. Louis, Missouri | November 2019

*Hung Together* St. Louis, Missouri | April 2019

*Type Hike Arch* St. Louis, Missouri | February 2019

*Visie Van Amsterdam* St. Louis, Missouri | September 2017

## PUBLICATIONS

## **DESIGN AND ILLUSTRATION**

**Ridolfi, D.** "The Myth of a Storybook Life: A Review of Virginia McGee Butler's biography of Ezra Jack Keats." *The Common Reader*, (2023).

**Ridolfi, D.** "Illustrated Poetry in the Henrietta Hochschild Collection of Children's Books." *University Libraries Blog.* Washington University in St. Louis, (2023).

**Ridolfi, D.** "Margaret Wise Brown's Celebration of the Seasons." *University Libraries Blog.* Washington University in St. Louis, (2023).

Ridolfi, D. "A Colorful Harmony." Uppercase 56, (2023): 70–75.

**Ridolfi, D.** "Animal Tales in the Henrietta Hochschild Collection." University Libraries Blog. Washington University in St. Louis, (2022).

Ridolfi, D. "Our Abstract Beginnings." Uppercase 54, (2022): 16–19.

Ridolfi, D. "Inspiring Vulnerability." Uppercase 55, (2022): 80-83.

Ridolfi, D. "The Psychology of Pattern." Uppercase 49, (2021): 32-35.

Loss Outcomes in a Worksite-Based Behavioral Weight Loss Program." Annals of Behavioral Medicine 55, (2021): 14–23.

McMullin, S., **Ridolfi, D. R.**, & Wilfley, D. "Disordered Eating and Obesity." In *Encyclopedia of Feeding* and *Eating Disorders*, edited by T. Wade. New York: Springer, 2017.

Myers, T. A., **Ridolfi, D. R.**, & Crowther, J. H. Reaction Times to Appearance-Related or Non Appearance-Related Word Choice Among Women With and Without Eating Psychopathology. *Cognitive Therapy and Research 39*, (2015): 204–214.

Coppock, J. H., **Ridolfi, D. R.**, Hayes, J. H., St. Paul, M. S., & Wilfley, D. E. "Current Approaches to the Management of Pediatric Overweight and Obesity." *Current Treatment Options in Cardiovascular Medicine* 16, (2014): 343.

Buchholz, L. J., Crowther, J. H., Olds, S., Smith, K. E., & **Ridolfi, D. R.** "Are Restrained Eaters Accurate Monitors of their Intoxication? Results from a Field Experiment." *Addictive Behaviors 38*, (2013). 1966–1969.

**Ridolfi, D. R.,** & Crowther, J. H. "The Link between Women's Body Image Disturbances and Body-Focused Cancer Screening Behaviors: A Critical Review of the Literature and a New Integrated Model for Women." *Body Image 10*, (2013): 149–162.

Myers, T. A., **Ridolfi, D. R.**, Crowther, J. H., & Ciesla, J. "The Impact of Appearance-Focused Social Comparisons on Body Image Disturbance in the Naturalistic Environment: The Roles of Thin-Ideal Internalization and Feminist Beliefs." *Body Image 9*, (2012): 342–351.

Crowther, J. H., & **Ridolfi, D. R.** "Bulimia Nervosa and Binge Eating Disorder." In *Encyclopedia of Body Image and Human Appearance, edited by T. Cash.* San Diego: Academic Press, 2012.

**Ridolfi, D. R.**, Myers, T. A., Crowther, J. H., & Ciesla, J. A. "Do Appearance Focused Cognitive Distortions Moderate the Relationship between Social Comparisons to Peers and Media Images and Body Image Disturbance?" *Sex Roles 65*, (2011): 491–505.

**Ridolfi, D. R.**, & Vander Wal, J. S. "Eating Disorders Awareness Week: The Effectiveness of a One-Time Body Image Dissatisfaction Prevention Session." *Eating Disorders: The Journal of Treatment and Prevention 16*, (2008): 428–443.

## SYMPOSIA

### **DESIGN AND ILLUSTRATION**

**Ridolfi, D. R.** "Layers of Power: 19th Century Scrapbooks as Complicated Sites of Material Resistance in the Industrialized Age ." Paper to be presented at the Materiality of Resistance Symposium, California College of the Arts, San Francisco, California, 2024.

**Ridolfi, D. R.** "Overlooked Rebellion: Postmodernism and Social Protest in the Picture Books of Seymour Chwast." Paper presented at the Blind Spots Illustration Research Symposium, Washington University in St. Louis, St. Louis, Missouri, 2023.

## PSYCHOLOGY

Myers, T. A., **Ridolfi, D. R.**, & Crowther, J. H. "Self-Objectification, Social Comparison, and Their Consequences for Women's Bodies: An Exploration Utilizing both Ecological Momentary Assessment and Questionnaire Methodology." In C. S. Warren (Chair), *Empirical Investigations of the Relationship between Self-Objectification and Eating Pathology*. Symposium presented at the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland, 2012.

Myers, T. A., **Ridolfi, D. R.**, & Crowther, J. H. "Moderating Factors of the Relationships between Social Comparison, Body Image Disturbance, and Thoughts of Dieting and Exercising in the Naturalistic Environment." In C. K. Martin (Chair), *Ecological Momentary Assessment in the Study of Eating Disordered Beliefs and Behaviors*. Symposium presented at the Association for Behavioral and Cognitive Therapies, Toronto, Ontario, 2011.